

# 2024 Northern Urban League (NUL)

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## NUL Event 2: Milton & Drakies - Fri 07th June 2024

Please check <http://invoc.org.uk/> before setting off in case for any last-minute information that may affect the event.

Parking/ Directions	<p>Parking is at the Inshes Retail Park, Sir Walter Scott Drive, Inverness, IV2 3TW</p> <p>Grid Reference of Retail Park NH686441, What3Words - ///chew.fear.sounds</p> <p>There are no public toilets at the event. Nearest toilets at Tesco, Inshes Retail Park.</p> <p>The Start &amp; Finish is located in Drakies Park - From the parking, walk between McDonalds &amp; Costa Coffee, cross Inshes Road, turn right and head towards the Eagle roundabout on Sir Walter Scott Drive. At the roundabout, turn left and at the first Pedestrian crossing, cross Sir Walter Scott Drive and continue straight ahead into Drakies Park.</p>
Map	<p>1:4000, Contours 2m</p> <p>Control Descriptions will be printed on the map <b>only</b> - no loose descriptions will be available.</p> <p>Participants are reminded to acquaint themselves with the map symbols for urban orienteering and un-crossable boundaries, in particular. Please respect and observe all un-crossable boundaries and out-of-bounds areas on the map, even if the terrain suggests that the area/feature could be crossed. Should participants be seen to cross an un-crossable boundary or knowingly cross one, then they may be disqualified or should declare themselves disqualified, respectively.</p>
Entries	<p>Pre-Entry is available via SI Entries - Link below. <a href="https://www.sientries.co.uk/event.php?elid=Y&amp;event_id=13595">https://www.sientries.co.uk/event.php?elid=Y&amp;event_id=13595</a></p> <p>Pre-entries for this event close on midnight on Tuesday 04 June 2024.</p> <p>There will be limited Entry on the Day available - Please bring exact monies if entering on the day.</p>
Registration & Download	<p>Registration, Entry on the Day, Dibber Hire, and Download will be available from the tent/table near the Start / Finish in Drakies Park.</p>
First Aid	<p>At Registration &amp; Download. The nearest A&amp;E Hospital is Raigmore Hospital (5 mins drive). Directions to the hospital can be obtained at Registration &amp; Download.</p>
Timing	<p>SI Timing will be used for this event. Dibbers will be available to hire (£1) at the event if you do not have your own. The SI Units have not been SIAC enabled so will need to be punched manually.</p>
Start/Finish	<p>The START &amp; FINISH will be sited in Drakies Park, 5 min walk from the parking. The SI CLEAR and CHECK Boxes will be present immediately before the START.</p> <p>Registration 1745 to 1845      Starts 1800 to 1900      Courses Close 2000</p>

Control Sites & SI Timing Units	<p><b>The Milton &amp; Drakies event will:</b></p> <ul style="list-style-type: none"> <li>• be using smaller sized training kites at the control sites</li> <li>• be using only a small number of SI Timing units at control sites - i.e., timing units will only be present at a select number of control sites (NOT all control sites) - where an SI Timing unit is being used, this will be mounted on a stake or T-Bar with the control kite hanging down.</li> </ul> <p><b>Competitors will not know how many or at what controls the timing units will have been sited so should visit all controls to be sure of registering a time.</b></p>
Terrain	Classic urban and parkland orienteering terrain around the Milton & Drakies estates.
Courses & SAFETY	<p>Short 3150m / 5m climb - optimal route      Long 6350m / 10m climb - optimal route</p> <p>Juniors who are not 15 on the day of the event <b>MAY NOT</b> run either the Short or Long courses unaccompanied. Juniors U15 must be accompanied by an adult (18+); this adult must take responsibility for road crossing decisions. Juniors who <b>ARE</b> 15 and over on the day of the event may run either course unaccompanied.</p> <p><b>Road Crossings</b> - Always look carefully before crossing a road to check that it is safe to do so. All competitors should take the same precautions when crossing roads that they would take if not competing.</p> <p><b>Milton &amp; Drakies</b> has several streams (watercourses) within the competition area, these have been marked as <b>OOB / Uncrossable</b> on the map. <b>DO NOT CROSS</b> any streams except where they are crossed by existing roads or small bridges or are marked with a crossing point.</p> <p><b>Pedestrians, dog walkers and cyclists:</b> As this is an urban area, please be considerate to other pedestrians while you are out on the courses, take extra care if you encounter cyclists or animals.</p>
NUL Points	<p>The points scoring will be based on: (Winners Time / Competitor Time) x 1000.</p> <p>For example, if a course winner runs 28 mins and a competitor runs 29 mins 40 secs, then the course winner would receive 1000 points and the competitor 944 points ((1680/1780) x 1000 = 944 points (time converted to secs)).</p>
Other	<p><b>A Risk Assessment</b> for the event has been completed and is available on request.</p> <p><b>Insurance:</b> Please note that if you have competed in three orienteering events and not joined an orienteering club that is a member of British Orienteering then you are not covered by our public liability insurance.</p> <p><b>BY TAKING PART IN THIS EVENT YOU AGREE TO THE FOLLOWING:</b></p> <p>1.Photos and/or names may appear on our website or in the media. For photos, permission will be sought where this involves young people. 2. Competitors are responsible for their own safety and for assessing their own abilities to complete the course. 3. Event results will be published on the internet. 4. The INVOC Data Protection policy is available on the INVOC website</p> <p><a href="http://www.invoc.org.uk/docs/DPN_current.pdf">http://www.invoc.org.uk/docs/DPN_current.pdf</a></p>
Event Team	<p>Planner / Organiser: Colin Salisbury</p> <p>SI: Steven Hudson</p> <p>Safety Sign Off: Guy Seaman</p>