

INVOC



INVOC School O League Event Ord Hill Wed 1st May 2019



Map: Pre-marked and printed on waterproof paper, scale 1:10,000 with 5m contour interval.

Terrain: Ord Hill overlooks the Moray Firth just across the Kessock Bridge from Inverness. It has beautiful, open mixed forest with a fine network of paths and tracks around the tumbled remains of an Iron Age Fort.

Planner's Comments: Ord Hill has varied terrain with a mix of open woodland and areas of dense forest, There is a good path network. The summit of Ord Hill and the broad ridge leading to it lie along the centre of the woodland and so all courses will involve some ascent and descent but courses are towards the short end of the distance range in recognition of this. The terrain is however not too technical aiming it ideal for the easier courses although the Green is towards the easier end of the scale.

Courses:

Course	Length	Climb
White	1.7km	70m
Yellow	2.1km	80m
Orange	2.9km	160m
Light Green	3.1km	190m
Green(ish)	3.9km	280m

Directions: From Inverness – just north of the Kessock bridge take the L slip road signposted N.Kessock/Drumsmittal. At the roundabout take the 3rd (Drumsmittal/Kilmuir) exit and pass under the A9. Take the next L signed Drumsmittal/Kilmuir and follow that road until you come to a converted schoolhouse “Lewis Recordings”. Take R turn here signed Kilmuir and follow this road round a sharp L bend. 50m after the bend on the right hand side is the entrance to the car park via a forest track.

Travelling southbound on the A9 take the exit signposted for Kilmuir and Drumsmittal just before the Kessock bridge and follow the directions as above.

Parking: Arriving by car/minibus: Schools arriving by car/minibus will be parked in the Forestry Commission car park (directions above). Grid Reference NH654488. Respect local residents – there is a house at the end of the forest track - please do not block access.

There are limited toilet facilities - 1 Portaloo will be available in the Forestry Commission car park area.

Toilets: Registration (dibber and map collection), download and First Aid will be located close to the Forestry Commission car park. The route to the start/registration will be signposted from the car parks.

Registration The start is approximately 50m from the registration/download area. Start times for schools will be between 3.30pm and 5pm, so all school groups should have completed their courses by 5:45pm at the latest. Starts will remain open for non-school/club competitors until 6:15pm. Courses close 7.15pm.

Start/Finish: The download tent is approximately 650m from the finish in the registration area close to the Forestry commission car park, the route will be taped and clearly sign posted.

Timing: SPORTident (Si). Please pick up your registration pack from the registration tent. Ensure each child is assigned the correct dibber. Please also ensure that the wrist cord is used as there will be a charge of £30 to replace any lost dibbers. **Please return all dibbers at the finish.**

Entries: School groups must pre enter by NOON, Friday 26th April. Entries can be made online via SiEntries at <https://www.sientries.co.uk> or by email to Jenny Hall at schools@invocmail.org.uk

Entries for club members/individual via SiEntries
<https://www.sientries.co.uk>. A limited number of maps will be available for entry on the day - pre-entry is recommended.
Adult members £5, Non-BOF members £6, (EOD +£1)
Juniors £2.50 (EOD +50p)

Please note that the information you provide when entering the event will be stored on computer and will be used solely for the purposes of the event. Event results will be published on the internet. By entering the event you are authorising the use of the information you provide in this way. Information will not be made available to parties not directly involved with the event other than as detailed above.

Safety:

- All participants must report to the Download tent, even if they have not finished their course.
- It is recommended for all children to carry a whistle.
- The course has some steep terrain and can be slippery - footwear with good grips is strongly advised. Please bring a waterproof jacket in case of bad weather.
- Please note that Ord Hill is a popular venue for dog walkers – watch out for dog poo especially near the car park.
- Ticks are prevalent at this time of the year and the normal precautions should be taken

Organiser: Veronica Vargas
Planner: Colin & Eilidh Simpson
SI: Jenny & David Hall
Safety Sign off: Guy Seaman



Thanks to our sponsor Innes & Mackay