

**Nairn Urban event**  
**Scottish Orienteering Urban League 9**  
**29<sup>th</sup> September 2019**



INVOC welcomes you to Nairn, the venue of the WOC 2015 mixed sprint relay, for the penultimate SOUL event of 2019. The terrain consists of intricate street orienteering in Fishertown, along with areas of more typical urban terrain with small green spaces, and one large open area of parkland and dunes.

**Event Centre:** The event centre is in the Nairn Community and Arts Centre, King Street, Nairn IV12 4BQ. Registration, download, first aid and toilets will be located in the Community Café. Please remove muddy and/or studded shoes before entering the community centre.

**Travel to event:** Nairn has excellent public transport links from Inverness and Forres/Elgin/Aberdeen. Nairn bus station is adjacent to the event centre and the train station is less than 10 minutes walk away. We would strongly encourage the use of public transport to access the event. For those travelling by car, parking is accessed from both east and west on the A96.

**Parking:** Parking is available in Central, Falconers Lane and Library car parks (grid reference NH882565). These are clearly marked and accessed from the A96, King Street, opposite the event centre. The 3 entrances will be marked with orienteering kites. These are public car parks and will not be marshalled; please park considerately and be aware of other users of the facilities.

**Courses available:**

Course	Classes	Length (Km)	Start
1	Men Open (M18-35)	10.71	North
2	Women Open (W18-35), Men Vets (M40+)	8.93	North
3	Women Vets (W40+), Men Supervets (M55+)	7.5	South
4	Women Supervets (W55+), Men Ultra vets (M65+)	4.96	North
5	Women Ultra vets (W65+), Women Hyper vets (W75+), Men Hyper vets (M75+)	4.04	North
6	Women Junior (W16-), Men Junior (M16-)	5.17	South
7	Women Young Junior (W12-), Men Young Junior (M12-)	2.55	North

**Course lengths indicated are the approximate optimal route distance.** These are provisional and remain subject to final controlling decisions.

Competitors may enter any course according to their ability but will only be competitive for SOUL league points if they run the course for their age group.

Juniors aged 16 and under must enter junior classes (courses 6 &7)

**Map:** Surveyed for WOC 2015 by Trailmaps and recently updated and extended by same. Pre-marked and printed on waterproof paper, scale 1:4,000 with 2.5m contour intervals

Courses 6 and 7 - A4 map, all other courses A3

Course 7 maps should be collected from registration.

**Start and finish:** There are 2 starts: north start is 350m and south start 600metres from registration. Both are accessed via busy public roads and parents should ensure that youngsters are accompanied to the start.

There will be punching starts and start times will not be pre-allocated.

The main finish is adjacent to the event centre. Courses 4 and 5 cross a major road between the finish and download. All competitors on these courses must use the pelican crossing on route to download.

**Entry Information:** Pre entry is via SI entries. Entries close Tuesday 24<sup>th</sup> September. There will be limited entry on the day (EOD) subject to map availability

#### **Entry fees:**

	<b>Pre-entry</b>	<b>Entry on day</b>
	<b>BOF/non BOF member</b>	<b>BOF/non BOF member</b>
<b>Seniors (born 1998 or earlier)</b>	£7/£8	£8/9
<b>Juniors (born 1999 or later) or student</b>	£4/5	£4.50/5.50

**Timing:** Sportident (SI) timing, SIAC enabled.

Dibber hire £1. A limited number of SIAC cards are available for hire at registration on a first come first served basis. Hire charge £3. There will be a charge of £40 for any hired SI cards lost.

Courses 1, 2 and 3 have >29 controls. Competitors on these courses should ensure that they are using an SI card with adequate storage (ie NOT SI – 8 card)

**Event Times:**

**Registration:** 10:30-12:30

**Starts:** 11:00 -13:00

**Courses Close:** 15:00

**Dogs:** Dogs are not permitted in the event centre or on competitive courses. If you bring your dog to the event, please ensure that you clear up after it.

**Insurance:** Please note that if you have competed in three orienteering events and not joined an orienteering club that is a member of British Orienteering, you are not covered by our public liability insurance.

**Final event details will be available on Invoc website during week prior to event.**

**\*\*\*\*\* Safety information \*\*\*\*\***

- The M/W16 course has some exposure to quiet roads – competitors must ensure that they look out for traffic before crossing roads.
- Care should be taken crossing all roads, and standard highway code rules apply. Look before you cross a road. There will be a mandatory, “timed out” road crossing on all courses other than 4 and 5; please obey any instructions from the marshal.
- Respect other users of the streets & pavements: pedestrians, cyclists, dog walkers, etc. In addition, please exercise caution around dogs.
- Please be aware, some sections of the path along the river are unfenced.
- There are lots of blind corners and doors opening directly onto pavements in Fishertown, show courtesy to the local residents who have kindly allowed some controls to be placed outside their houses.
- Note **bold black lines** on the map are forbidden to cross.
- Adverse weather conditions may lead to course shortening, postponement, or cancellation. Check the website beforehand.

**Planner:** Wullie Nicolson

**Controller:** Steve Smirthwaite

**Organiser:** Gilly Kirkwood, email: [gillykirkwood5@gmail.com](mailto:gillykirkwood5@gmail.com)

**BY TAKING PART IN THIS EVENT YOU AGREE TO THE FOLLOWING:** 1. Registration information will be recorded on computer 2. Photographs and / or name(s) may appear on our website or in the media. We will seek permission where this involves young people. 3. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course. [Please seek advice at the registration desk on the day if you are unsure of whether the course you are entering is appropriate]. 4. Event results will be published on the Internet and sent to British Orienteering.