

JUNIOR INTER-AREAS COMPETITION 2019

Saturday 9th - Sunday 10th November.

This competition has been running for over 20 years, and is held between East, West and North areas. It comprises a juniors-only Relay event (Saturday) and an Individual event alongside a SOL/regional event (Sunday). (Juniors can of course choose to do just one event if they wish).

This year North Area is organising the event (relays and accommodation).

It's a great opportunity for Juniors to experience a relay and get to know lots of other juniors – from North, and from other clubs across Scotland – as well as have lots of fun.

To be eligible to participate, **Juniors need to be a club member**, able to run at least a Yellow course independently, and if wanting to stay overnight, able to stay independently in the Youth Hostel. We'll be staying at Aberdeen Youth Hostel numbers which can only accommodate up to 61, so numbers staying may have to be restricted to a certain number per area.

THE RELAY EVENT (SATURDAY)

Each relay team consists of an Orange leg, a Yellow leg and a Light Green leg. Participants can run down from their usual course, or may be asked to, depending on team numbers. They will be placed in a relay team with others from the North Area.

Relays will take place on **Saturday 9th November at Scolty nr Banchory**, meeting at noon. There will be a demonstration at 12.50pm and the Girls' relay will start at 1pm with the Open relay at 1.10pm. Prize giving will be as soon as possible once the Relays have finished, probably around 3pm. Further details and directions to follow nearer the time.

THE INDIVIDUAL COMPETITION (SUNDAY)

This will be held at a regional event run by MAROC on **Sunday 10th November at Cambus o May nr Ballater**.

Everyone needs to enter for this individually - for details see the link below (entries not open yet)

<https://www.marocscotland.org.uk/events/cambus-o-may-10-nov-2019>

INDIVIDUAL COURSE CLASSES FOR SUNDAY		Running up or down?
BOYS	GIRLS	Juniors can run up, in which case they are scored at the higher age class, so a W14 running Green will be scored against W16s. Where Juniors opt to run down (B standard) due to less experience, this will be checked in advance to ensure the course choice is appropriate to count for the competition. Of course Juniors can choose to run just for fun and not count
Brown (M18A)	Blue (W18A)	
Blue (M16A, M18B)	Green (W16A, M18B)	
Light Green (M14A, M16B)	Light Green (W14A, W16B)	
Orange (M12A, M14B)	Orange (W12A, W14B)	
Yellow (M10A, M12B)	Yellow (W10A, W12B)	

Please note that timing at both events will be by EMIT brikke (this is what Gramp & MAROC use)

For those not familiar with these this is what they look like. The brikke is attached to the finger, but is more bulky than a Si dibber. The brikke is placed face down on the control unit and a light flashes to show that it has registered. We will be borrowing brikkes from Gramp and MAROC



THE OVERNIGHT

On Saturday night, we will be staying together at **Aberdeen Youth Hostel**, which has been booked in its entirety. Staying in the Youth Hostel is fun and a great opportunity to make new friends but as Aberdeen Youth Hostel does not have capacity for everyone to stay so there may be a need to make alternative arrangements, and local Juniors will need to go home after the Relays.

Each Area will be given an allocation of beds. It'll be first-come first-served so get your entry in quickly to be sure of a place! Any additional juniors over the allocation are welcome to be part of the competition but will need to find alternative accommodation. Some younger juniors may prefer to stay elsewhere with their parents. Most juniors will be in dorms with boys / girls in their age group from other Areas. There may be some family rooms depending on numbers.

Three meals will be provided for everyone staying over. An evening meal will be provided at the Youth Hostel on Saturday evening and North parents will organise breakfast and a packed lunch for the Sunday.

Juniors staying at home or elsewhere after the relays are welcome to join us at the Youth Hostel on Saturday night for an evening meal and activities.

COSTS

The cost (including food) for juniors staying overnight will be roughly £25.

There may be an additional transport cost depending on numbers and how everyone is travelling.

Please complete the online form below (or link in the email) if you have any Juniors who want to come along. [Interareas online entry form](#)